






<p><i>Serving you since 1969</i></p>  <p>117 Ropewalk Lane St. John's, NL T: 709-579-8921 or 709-579-9020 www.laheys.ca</p>	<p>GREENE FRAIZE MUSIC STUDIO </p> <p>Alanna Fraize Noreen Greene Fraize alannafraize@gmail.com ngreenefraize@hotmail.com</p>	
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<p>FRAIZE LAW Barristers, Solicitors & Notaries</p> <p>THOMAS W. FRAIZE, K.C., B. Comm. (Hon.), LL.B. DONALD K. POWELL, B.A., LL.B. LARA FRAIZE-BURRY, B.A., M. Phil., J.D. KALLI FRAIZE, B. Mus., M. Phil in Humanities, J.D. 709-726-7978 tfraize@fraizelawoffices.nf.net</p>	 <p>Knights of Columbus St. Teresa's Council # 7702 New Members Welcome!</p> <p>Grand Knight, Francis Adjei 709-853-8738 fkadjeimesu@gmail.com</p>	
 <p>Advisor 6 Mount Carson Ave, Suite 201 Mt. Pearl, NL A1N 3K4</p>  <p>"Live for today... Plan for tomorrow"</p> <p>(709) 781-0577</p>	 <p>Thomas J Power Investment Fund Advisor (709) 781-0577 tom@thomasjpowerfinancial.com</p>	
 <p>Society of St. Vincent de Paul St. Teresa's Conference</p> <p><i>New Volunteers Appreciated!</i></p> <p>For assistance or to donate: 709-579-7201</p>	 <p>www.jesumaryjoseph.ca</p> <p>May God bless you and those dearest to you. Amen.</p>	
 <p>T: 709-753-6845 office@caul's.ca</p> <p><i>A Tradition of Trust since 1890</i></p>		
 <p>Focused on you.</p> <p>Jim DINN M.H.A. St. John's Centre 709-729-2638 jamesdinn@assembly.nl.ca</p>	<p>Leave a legacy Consider leaving a bequest or other legacy gift or donate in memory of a loved one.</p> <p>Honour someone special Mark a milestone or special occasion by making a donation in honour of a friend, colleague or loved one. Email: stteresascampaign@gmail.com</p> 	
<p>Thank you all for supporting our parish community, and for your stewardship of our Church Property!</p> <p>To advertise on this Page please email: stteresascampaign@gmail.com</p>		

May 3, 2026 ~ Fifth Sunday of Easter



Horizons of Hope
Horizons of Hope is a four week series that combines good video input from experts, helpful print resources and guided small group discussion. The series helps us to explore some of the questions that people often ask about care of people at the end of life's journey:

- How do we make good decisions when faced with life-limiting illnesses?
- How can we accompany and support those who are sick and dying?
- How might we make choices for compassionate care at the end of life?
- How does our faith in Christ help us to understand the human experience of dying and death?

Horizons of Hope will be offered on Thursday nights in May (May 7, 14, 21, & 28 from 7-9 pm) at St. Teresa's Church. Registration is free, but required.
To register, contact rafftcssr@gmail.com


A Word from Pope Leo XIV
We live in a time that rewards self-sufficiency, efficiency, performance. And yet, the gospel shows us that the measure of our humanity is not given by what we can achieve, but by our ability to let ourselves be loved and, when necessary, even helped. Jesus saves us by showing us that asking is not unworthy, but liberating.
General Audience, Rome, September 3, 2025

St. Teresa's Parish - Served By The Redemptorists
Since Sunday, October 21, 1956

Fr. Ciro Perez C.Ss.R.
Fr. David Purcell C.Ss.R.
Fr. Tony Bidgood C.Ss.R.
Noel Oco C.Ss.R.

Telephone: 709-579-0065
120 Mundy Pond Road, St. John's, NL, A1E 1V1
Fax: 579-3804
Website: www.stteresa.ca

Parish Office Hours Monday to Friday 9:00 - 4:00 pm *Our bulletin is available online.*



Weekend Masses
Saturday: 5:00pm
Sunday: 9:00am, 11:00am
Spanish Mass - 3rd Sunday of month @1:00pm

Weekday Masses
Monday & Wednesday: 7:00pm
Tuesday, Thursday & Friday: 8:00am
(*Weekday holidays* - Mass moves to 9:00am)
Our Mother of Perpetual Help Devotions included in Wednesday Mass.
Adoration follows Friday Mass.

Reconciliation
Wednesday 6:30 - 7:00pm & Saturday 3:00 - 4:00pm or call the parish office for an individual appointment with a priest.

Marriages
A minimum of six months advance notice is required. A marriage preparation program is required to be married in the church.

Baptisms
Please contact the Parish Office to schedule the pre-baptism course and for more information. A copy of the child's birth certificate must be provided before the baptism.

Collection April 25/26, 2026

Green Envelopes	\$4,172.00
Loose Collection	1,363.08
E-Transfers	195.00
Total of above	\$5,730.08
Good Friday \$35.00 (Total \$55,625.00)	
Archbishop's Appeal \$100.00 (Total \$200.00)	
Donation \$1,000.00	

Acknowledged with gratitude.

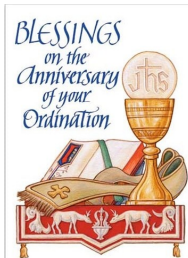


2026 Troutier's Special - STMPC

Congratulations to our 8th winner of \$1,000 – James Griffiths Ticket #2153

There are 58 tickets remaining to be sold. Please help us reach our goal and buy your tickets today! Don't miss out on your chance to win our last weekly prize of \$1,000 and the Grand Prize of \$10,000 plus five additional prizes of \$1,000 to be drawn on May 13, 2026. That is, 7 chances left to win on one ticket!

Tickets will be available after weekend masses and at the Parish Office until they are all sold. The St. Teresa's Mundy Pond Corporation thanks you for your ongoing support!



40TH Anniversary of Ordination

Father Ray Earle will celebrate his 40th Anniversary of Priesthood at the 11 am Mass, on Sunday, May 3rd, 2026, at St. Teresa's Parish. St. Teresa's is Fr. Ray's home parish and where he was ordained. There

will be an open reception at Columbus Hall, 49 St. Clare Ave., following the Mass. All are welcome to attend. The Mass will be livestreamed on St. Teresa's Parish YouTube Channel.

St. Teresa's Mundy Pond Corporation AGM, Tues., May 5/26, 7:00 p.m. at the church

Our Annual General Meeting (AGM) will be held on Tuesday, May 5, at 7:00 p.m. at St. Teresa's Church. Thank you for your continued support, and we look forward to seeing you at the AGM!



Baptism - April, 2026

Through the waters of Baptism we welcome:
Sophie Nina Au
Lillian Bonnell
Violet Bonnell

Marc Cezar Wagner Dela Curz
Carter Hanlon
Eliora Nmasinachi Ihem
Madelyn Mae Clara Miller
William Malachi Mulrooney
Lillian Isabel Skirving

We pray that their journey of faith is filled with great joy. Congratulations!



Catholic Charismatic Renewal ~

St. Teresa's ~ Prayer Meeting ~ every Saturday at 6:15 p.m. in the church following the 5:00 p.m. mass. For information contact Francis Adjei at 709-853-8738 or the parish office.



Society of St. Vincent de Paul

We are currently in need of volunteers for our food bank operations. Volunteers are normally scheduled for one day a month, but they can take extra shifts if desired. New volunteers are provided training with experienced food bank volunteers. Volunteers must have a reliable means of transportation and a valid email account or access to an email account. If you are available and would like to help those in need by helping to provide the most basic of necessities...food for families, or if you would like more information, please contact Debbie Power at ssvpnewfound@gmail.com



Spring Choral Concert - The

Philharmonic Choir of the Newfoundland Symphony Orchestra presents **The Seafarer's Requiem**. Join us on May 10, 2026, for an afternoon concert at St. Andrew's Church (*The Kirk*). Doors open at 3pm for a 3:30pm start time. Purchasing tickets in advance through the Holy Heart Box Office is highly recommended. One of the soloists is our own Alanna Fraize from the Saturday, 5pm Choir and Sunday, 9am Choir.



Attention!!! New Date

Summer Social ~ Saturday, June 13, 12:00pm - 3:00pm
Our parish is excited to announce plans for a

Summer Social. This is a wonderful opportunity to bring our community together in faith, fellowship, and fun! To make this event a success, we are seeking enthusiastic individuals to form the organizing committee. If you have ideas, energy, or simply a desire to help, we invite you to be part of this joyful occasion. Committee members will assist with coordinating activities, and ensuring a memorable event for all. If you are interested in helping please call the parish office or speak with Fr. Cirio or Patrick Dobbin, Chair of St. Teresa's Parish Pastoral Council.

Cemetery Liturgy Services 2026 ~ all at 7:00pm

Gate of Heaven Cemetery - Tuesday, June 30
Kilbride Cemetery - Tuesday, July 7
Mt. Carmel Cemetery - Tuesday, July 14
Belvedere Cemetery - Tuesday, July 21
Holy Sepulchre Cemetery - Tuesday, July 28

Dear Padre,

I have one daughter and a grandchild who say they are bisexual and very much into the LGBTQ lifestyle, where they feel like they belong. I do not know how to handle all of this. They left the Catholic faith years ago. I do not believe they are atheists. Please help.

You are not alone in your struggle to know how to "handle all of this." It's hard for parents when their children choose a different lifestyle. Try not to confuse gender expression with faith. Try not to confuse sexual orientation with faith. Just because a person is attracted to someone of the same sex does not mean they are not a person of faith. They may believe in God and even worship God in their own way. It sounds like your daughter and grandchild are honest with you. If they are willing, perhaps talking with them about how they experience God in their lives would be a fruitful conversation. Whatever you do, the best practice is to love. Love your daughter and grandchild. When they express to you what they believe to be true about themselves, they are not asking for your permission. They are entrusting you with what they believe they have learned about themselves. Perhaps that very openness with you is a lesson that you taught them and a sign that they want to share with you what is important to them.

Fr. Thomas M. Santa, CSsR / DearPadre.org

May 10, 2026 - Sixth Sunday of Easter

First Reading - Acts 8.5-8, 14-17
Second Reading - 1 Peter 3.15-18
Gospel - John 14.15-21

Mass Intentions May 4 - 10

Monday 7:00pm	Paul Ronayne, Mary Coleman James and Vera Devereaux John A. Hogan
Tuesday 8:00am	Michael and Edward Lane Deceased members of Lane family Raymond and Glenn McGrath Michael Barrington
Wednesday 7:00pm	Larry, Thelma and William Keough Helen Brewer, Jim Brewer Barb Bursey
Thursday 8:00am	George and Grace White Martin Boland, Charlie Power Ronald and Florence Lannon and deceased children
Friday 8:00am	Bernetta Mooney, John Kennedy Francis and John McCue Jack, Clara and Cecilia McCue Intentions of Nolan Eveleigh
Saturday 5:00pm	Foley and Walsh families Gerard Maher, Florence Murphy Michael and Mary Boland
Sunday 9:00am	Tony Ryan and deceased family Gerald and Lucy Stamp and deceased family, Linda Harding Mary Bourgeois
11:00am	The Parishioners

BOOK SALE

The Salvation Army St John's Temple located at 101 Torbay Rd will be holding a Book Sale on Saturday June 6th between the hours of 10:00 and 4:00. There will be a \$2 admission fee with all proceeds going to the upkeep of the Temple Band.

Come "Awaken the Energy Within". with T'ai Chi Chih and Wisdom Healing Qigong.

These gentle Mindfulness practices offer more energy, wellness, peace, and joy. Tuesdays (TCC) and Thursdays (WHQ). A set of 8-week daytime and evening sessions from April 21st – June 11th at The Lantern, 35 Barnes Road, St. John's. All welcome! Easy to learn, easy to do, whether seated or standing. For more details, please contact Sheila at 709-727-7863 or visit her website sheilaleonard.ca